

King's College School

Menus – Sept. 24 to Sept. 28

Monday	Tuesday	Wednesday	Thursday	Friday
Lemon Chicken Orzo Soup	Oriental Noodle Soup	Taco Soup	Chicken Noodle Soup	Tomato Soup
Mixed Green Salad and Assorted Dressings	Kale Salad and Assorted Dressings	Garden Salad and Assorted Dressings	Garden Salad and Assorted Dressings	Spinach Salad and Assorted Dressings
Moroccan Beef Stew or Moroccan Vegetable Stew	Chicken Teriyaki or Vegetarian Stir-Fry	Roasted Pork or Vegetarian Patties	Shepherd's Pie or Vegetarian Shepherd's Pie	Chicken or Vegetarian Wieners
Fresh Bread	Fried Rice	Garlic Roast Potatoes	Green Beans	Baked Beans
Apple Bread Pudding	Vegetable Spring Rolls	Corn	Chocolate Cake	Raspberry Jell-O
Milk, Juice, or Water	Lemon Squares	Apple Crisp	Milk, Juice, or Water	Milk, Juice, or Water
Milk, Juice, or Water	Milk, Juice, or Water	Milk, Juice, or Water		
Afternoon Snack:	Afternoon Snack:	Afternoon Snack:	Afternoon Snack:	Afternoon Snack:
Fruit Tray	Oranges and Cookies	Cookies	Apples and Arrowroots	Granola Bars