

King's College School

Menus – May 14 to May 18

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato Basil Soup	Minestrone Soup	Rice Noodle Soup	Chicken Noodle Soup	Rustic Vegetable and Bean Soup
Garden Salad and Assorted Dressings	Spinach Salad and Assorted Dressings	Garden Salad and Assorted Dressings	Mixed Greens Salad and Assorted Dressings	Garden Salad and Assorted Dressings
Asian Chicken or Vegetarian Frittata	Meatloaf or Vegetarian Kale and Quinoa Bites	Roast Pork or Vegetarian Quiche	Spaghetti with Bolognese or Marinara Sauce	Tacos or Vegetarian Fajitas
Basmati Rice	Mashed Potatoes	Hash brown Casserole	Garlic Bread	Ice Cream Cones
Green Beans	Lemon Squares	Raspberry Chiffon Cake	Berry Custard Trifle	Milk or Juice
Chocolate Mocha Cake	Milk or Juice	Milk or Juice	Milk or Juice	
Milk or Juice				
Afternoon Snack:	Afternoon Snack:	Afternoon Snack:	Afternoon Snack:	Afternoon Snack:
Apples and Cheese	Crudités and Hummus	Oranges and Cookies	Crackers and Cheese	Granola Bars and Fruit