King's College School

Menus – Sept. 11 to Sept. 15

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Noodle Soup	Tomato and Basil Soup	Trip to Stratford –	Minestrone Soup	Pho Vietnamese
		Lunch Provided		Noodle Soup
Broccoli and Ramen	Caesar Salad and		Garden Salad and	
Noodle	Assorted Dressings		Assorted Dressings	Garden Salad and
				Assorted Dressings
Asian Chicken or Vegan	Meatloaf or Vegan		Pork Roast or Spicy 3-	
Stir Fry	Black Bean and Quinoa		Bean Melody	Ranch Pasta
	Loaf			
Rice			Roast Potatoes with	Hot Dogs, Hamburgers,
	Mashed Potatoes with		choice of butter, vegan	Veggie/Vegan Patties
Yellow and Green	Butter and Chives		butter chives or sour	
Beans			cream	Ice Cream Cones
	Corn			
Lemon Bars			Cauliflower & Broccoli	Milk, Juice, or Water
	Carrot Cake			
Milk, Juice, or Water			Apple Crisp	
	Milk, Juice, or Water			
			Milk, Juice, or Water	
Afternoon Snack:	Afternoon Snack:	Afternoon Snack:	Afternoon Snack:	Afternoon Snack:
Apples and Cookies	Crudités and Dip		Cookies and Oranges	Granola Bars